

Go & RUN 2013
Corsa podistica nel centro storico di Bellinzona – 15a edizione
Runner's club Bellinzona
Venerdì 30 agosto 2013 ore 19.45
Classifica generale

Cl	Pet.	Cognome e nome	Club/Località	Categoria	Tempi
M70					
1	217	Capezzoli Renato	SAM Massagno	M70	00:24:19.2
2	220	Fransioli Remo	GP Leventina	M70	00:25:57.2
3	227	Kuster Otto	Thalwil	M70	00:26:59.0
4	228	Invernizzi Luigi	SPL	M70	00:27:47.2
5	226	Carpentieri Sebastiano	Podistica Campionese	M70	00:30:01.7
6	221	Maiocchi Luigi	Milano	M70	00:30:07.8
7	222	Melgrati Giuliano	Road Runners Club Milano	M70	00:30:50.9
8	229	Scesa Giuliano	GS Genzianella	M70	00:31:34.9
9	219	Piu Mario	RCB	M70	00:32:44.4
10	216	Carenini Arturo	RCB	M70	00:50:05.9
W55					
1	215	Rigamonti Gianna	ASD Marciacaratesi	W55	00:23:43.8
2	213	Soldini Maria	RCB	W55	00:25:03.9
3	211	Crotti Romana	RCB	W55	00:27:27.0
4	223	Firinu Lucia	Milano	W55	00:28:11.8
5	212	Rivera Adele	Magliaso	W55	00:28:15.2
6	214	Valassina Gabriella	Road Runners Club Milano	W55	00:38:14.2
M60					
1	145	Mognini Fabrizio	USC Capriaschese	M60	00:27:41.6
2	78	Maffongelli Mario	SFG Stabio	M60	00:31:09.7
3	160	Longo Borghivi Guido	Gravellona	M60	00:31:49.3
4	59	Galbusera Giacomo	Moesa Runners	M60	00:32:09.1
5	167	Airoldi Giancarlo	Bellinzona	M60	00:32:17.3
6	180	Rossi Antonio	Mövat	M60	00:33:01.5
7	73	Leonardi Nello	Ossasco	M60	00:33:19.8
8	174	Pietropoli Walter	Odogno	M60	00:33:33.4
9	164	Soldati Walter	SP Locarnese	M60	00:33:59.3
10	129	Dal Pozzo Marco	AS Ceneri	M60	00:35:48.4
11	117	Stampanoni Sergio	USC Capriaschese	M60	00:35:58.9
12	267	Scapozza Nello	RC Bellinzona	M60	00:38:22.2
13	255	Guidotti Pier Giorgio	Sementina	M60	00:38:41.6
14	8	Beretta Flavio	Sal Marcia Lugano	M60	00:39:05.4
15	185	Landriani Roberto	Milano	M60	00:39:15.9
16	22	Cabrini Franco	Road Runners Club Milano	M60	00:40:00.2
17	97	Rezzoli Luciano	Contra	M60	00:40:58.4
18	154	Sala Bruno	Bellinzona	M60	00:41:44.7
19	51	Flück Heinz	Cadenazzo	M60	00:43:04.0
20	178	Monteleone Biagio	Viggiù	M60	00:49:25.6
W45					
1	252	Pagnoncelli Patrizia	SAB	W45	00:30:45.1
2	246	Wangler Katherina	RC Bellinzona	W45	00:34:34.7
3	37	Dattrino Kordula	RCB	W45	00:34:37.0
4	106	Rusca Patrizia	C.O. Aget Lugano	W45	00:34:40.6
5	201	Lafranchi Mirella	Camorino	W45	00:35:02.9

6	166 Tamò Zala Manuela	SC S. Bernardino	W45	00:36:08.9
7	9 Berti-Riggi Daniela	RCB	W45	00:36:11.3
8	203 Togni Iria	AT 90	W45	00:36:53.2
9	189 Bolis Carla	Orientamento 92	W45	00:37:52.7
10	12 Borgna Angela	SFG Biasca	W45	00:39:29.3
11	42 Delorenzi Manuela	Sigirino	W45	00:40:42.6
12	132 Poretti Federica	RCB	W45	00:41:19.0
13	38 de Gady Maya	RCB	W45	00:41:46.0
14	92 Pestoni Ana Maria	Monte Carasso	W45	00:47:38.4
15	88 Minore-Spadoni Arcangela	Manor Bellinzona	W45	00:49:50.2

M50

1	125 Gennari Claudio	RCB	M50	00:27:31.8
2	99 Rivera Olimpio	SFG Biasca	M50	00:28:09.4
3	142 Foglia Luca	Virtus Locarno	M50	00:28:14.1
4	190 Genovese Gaetano	Sant'Antonino	M50	00:28:18.7
5	263 Fraquelli Giancarlo	USC Capriaschese	M50	00:28:26.9
6	19 Brusorio Claudio	RCB	M50	00:28:38.5
7	110 Schindler Christoph	Frecce Gialle Malcantone	M50	00:29:37.5
8	146 Aprile Brunello	Frecce Gialle Malcantone	M50	00:29:43.3
9	268 Zurmühle Roberto	Bellinzona	M50	00:30:40.6
10	161 Besomi Matteo	USC	M50	00:30:48.3
11	34 Cresta Soccorso	SAM Massagno	M50	00:30:58.0
12	247 Scesa Roberto	GS Genzianella	M50	00:31:22.8
13	163 Dalessi Giordano	Podistica Locarno	M50	00:31:33.9
14	24 Caldara Marco	SAM	M50	00:31:52.8
15	173 Mini Ettore	USC Capriaschese	M50	00:31:58.1
16	39 DeCarli Elio	SP Locarnese	M50	00:33:00.4
17	199 Candolfi Nelson	SP Locarnese	M50	00:33:07.4
18	103 Rossi Ivan	Pregassona	M50	00:33:14.7
19	157 De Matteis Francesco	SPL	M50	00:33:38.0
20	14 Borradori Giorgio	RCB	M50	00:34:25.0
21	188 Bolis Luciano	RCB	M50	00:34:58.4
22	122 Vecchi Sergio	Manor Bellinzona	M50	00:35:28.0
23	186 Pedrazzani Fabio	Pregassona	M50	00:36:28.0
24	105 Rusca Cornelio	USC Capriaschese	M50	00:36:35.9
25	192 Bonanini Alessandro	GS Molinera	M50	00:36:38.8
26	150 Casari Marco	Ponte Tresa	M50	00:36:52.5
27	93 Pestoni Roberto	RCB	M50	00:36:54.1
28	54 Fonti Danilo	Lugano	M50	00:36:55.2
29	257 Meier Gian	Ponte Capriasca	M50	00:36:58.9
30	266 Rodigari Franco	Unitas Malcantone	M50	00:37:09.4
31	202 Bauch Viktor	Romanel	M50	00:37:33.5
32	87 Mercolli Nicola	Gudo	M50	00:38:19.1
33	141 Odermatt Umberto	SP Locarnese	M50	00:41:02.1
34	138 Lo Russo Vito	RC Bellinzona	M50	00:41:08.0
35	172 Gilardi Sandro	Pianezzo	M50	00:41:45.3
36	46 Donghi Eugenio	ASD Marciacaratesi	M50	00:42:59.8

W35

1	66 Iozzia Ivana	Calcestruzzi Corradini RE106	W35	00:25:44.0
2	153 Falconi Manuela	SFG Biasca	W35	00:27:04.7
3	17 Bragagnolo Jeanette	SAB	W35	00:28:00.7
4	261 Serafini Susanna	RCB	W35	00:28:17.3
5	33 Corsini Barbara	Polisportiva Besanese	W35	00:29:01.6
6	104 Rossi Loredana	Sab Bellinzona	W35	00:30:21.9

7	96 Ponti Sara	Locarno	W35	00:33:04.5
8	15 Bossi Katia	Moesa Runners	W35	00:34:42.8
9	94 Pestoni Sheila	Monte Carasso	W35	00:35:54.8
10	74 Leonardi Orso Leda	Comano	W35	00:36:45.9
11	89 Montanario Noelia	El Puente Running Team	W35	00:37:17.6
12	25 Camponovo Paola	AFS	W35	00:38:34.7
13	259 Lucas Rossi Maria	UAMS	W35	00:38:51.7
14	102 Rosselli Natasha	RCB	W35	00:39:11.2
15	69 Kurz Fabia	Grono	W35	00:40:43.4
16	137 Lo Russo Federica	Bellinzona	W35	00:41:07.7
17	134 Glaus Sonia	Bellinzona	W35	00:42:54.4
18	5 Bassi Sabrina	Manor Bellinzona	W35	00:43:42.8
19	83 Mazzaro Stefania	SFG Osogna-Lodrino	W35	00:44:43.8
20	41 Delli Bovi Arianna	Giubiasco	W35	00:44:48.0
21	55 Foster Susanna	Cannero Riviera (I)	W35	00:50:14.3
22	3 Bajic Danica	Manor Bellinzona	W35	00:50:16.3

M40

1	16 Bottura Orazio	tommy sport la valle del lura	M40	00:24:37.1
2	187 Turati Silvano	Vigor Ligornetto	M40	00:25:02.1
3	175 Proserpio Paolo	Aletica Palzola	M40	00:25:23.0
4	159 Grassano Giacinto	Circuito Runner	M40	00:25:28.9
5	177 Oberti Marco	SFG Biasca	M40	00:25:34.0
6	118 Stivanello Enrico	QT8 Run Milano	M40	00:25:55.1
7	115 Stampanoni Jonathan	USC Capriaschese	M40	00:25:58.2
8	79 Maniglia Flavio	Athletic Team Lario	M40	00:26:32.0
9	60 Gambonini Davide	GAB Bellinzona	M40	00:26:33.6
10	179 Massera Fabio	Mövat Cadenazzo	M40	00:26:36.0
11	181 Salinetti Michele	GAB	M40	00:27:00.5
12	148 Mozzini Luca	RCB	M40	00:27:28.7
13	119 Taddei Marco	RCB	M40	00:27:43.6
14	81 Marta Massimo	Moesa Runners	M40	00:27:52.5
15	260 Meroni Alberto	RCB	M40	00:28:01.1
16	264 Pedroli Mirco	AFS	M40	00:28:07.4
17	253 Pagnoncelli William	Bellinzona	M40	00:28:16.3
18	57 Fuschetto Carmine	Moesa Runners	M40	00:28:28.2
19	250 Bianchi Fabrizio	Aried - Como	M40	00:28:36.2
20	149 Dall'Acqua Massimo	RCB	M40	00:28:57.2
21	158 Camporati Antonio	Cadempino	M40	00:29:39.6
22	198 Rossi Giorgio	Quartino	M40	00:30:21.9
23	256 Falone Marco	Gaggiolo	M40	00:30:27.0
24	196 Facchinetti Renato	Giubiasco	M40	00:30:38.4
25	32 Coen Italo	Vigor Ligornetto	M40	00:30:44.3
26	248 Guidotti Rocco	Sementina	M40	00:30:52.1
27	40 Del Rizzo Angelo	Ascona	M40	00:31:13.7
28	23 Caflich Umberto	SP Locarnese	M40	00:31:24.3
29	113 Simone Rocco	Polisportiva Sangiovese	M40	00:31:46.3
30	95 Pezzati Christian	SFG Biasca	M40	00:31:51.1
31	191 Rossetti Massimo	Sant'Antonino	M40	00:32:01.0
32	7 Beltrami Michel	Tenero-Gordola	M40	00:32:27.5
33	124 Pesciallo Renzo	Bellinzona	M40	00:32:46.5
34	65 Guerra Ivan	Manor Bellinzona	M40	00:32:54.2
35	152 Bernasconi Marco	SAM Massagno	M40	00:32:58.3
36	1 Ammirati Fabrizio		M40	00:32:59.5
37	62 Glauser Anthony	Gerra Piano	M40	00:33:02.5

38	120 Tagliabue Gianmaria	Sementina	M40	00:33:09.3
39	71 Lazzarini Enrico	Team Hydac	M40	00:33:31.7
40	114 Solari Mirko	RCB	M40	00:33:36.7
41	144 Tedeschi Marco	Sab Bellinzona	M40	00:34:02.2
42	127 Lanini Claudio	Orselina	M40	00:34:07.6
43	85 Mellini Carmelo	Botofago	M40	00:34:18.2
44	140 Giobbi Alessandro	RC Bellinzona	M40	00:34:28.0
45	162 Furini Daniele	SP Locarnese	M40	00:34:46.1
46	133 Lorenzetti Stefano	Swissrunning	M40	00:34:50.5
47	2 Andriolo Damiano	ASD Runner Varese	M40	00:35:23.5
48	197 Maggi Graziano	Pregassona	M40	00:35:47.6
49	258 Vandoni Paolo	Minusio	M40	00:35:49.2
50	29 Cereda Orlando	GS MarathonMax	M40	00:36:01.0
51	245 Buselli Walter	Cadro	M40	00:36:02.9
52	26 Cantumessi Tom	Manor Bellinzona	M40	00:36:18.1
53	20 Bücher Marco	Arbedo	M40	00:36:31.3
54	254 Landogna Sebastiano	AFS	M40	00:36:41.0
55	205 Aeberhard Kim	Porza	M40	00:36:44.9
56	84 Mazzei Salvatore	Manor Bellinzona	M40	00:36:57.5
57	165 Zala Walter	SC S. Bernardino	M40	00:37:03.7
58	52 Folletti Davide	El Puente Running Team	M40	00:37:16.0
59	143 Delorenzi Massimo	Bellinzona	M40	00:37:51.4
60	112 Selle William	Contone	M40	00:38:17.8
61	68 Jörg Gregory	AFS	M40	00:38:23.7
62	200 Riccardi Mario	Sureggio	M40	00:38:25.6
63	61 Giovio Claudio	Team Hydac	M40	00:38:28.3
64	242 Duranti Roberto	Muzzano	M40	00:38:36.9
65	121 Vavalà Paolo	Arbedo	M40	00:38:37.8
66	136 De Giovanetti Marco	Bellinzona	M40	00:39:07.3
67	123 Zubler Edoardo	Coldrerio	M40	00:39:16.6
68	240 Rauseo Daniele	Breganzona	M40	00:39:31.6
69	171 Sapia Eugenio	Avegno	M40	00:39:51.7
70	6 Bastian Lawrence	Manor Bellinzona	M40	00:40:41.7
71	128 Vicentini Paolo	Bellinzona	M40	00:40:44.2
72	98 Rinaldi Stefano	Manor Bellinzona	M40	00:43:43.5
73	36 D'Acunzo Ciro	Manor Bellinzona	M40	00:44:20.6

W

1	126 Manolache Maria	RCB	W	00:31:36.0
2	184 Andreazzi Paola	GAB Bellinzona	W	00:31:59.0
3	58 Gaggini Clarissa	Caslano	W	00:32:49.9
4	170 Andreazzi Claudia	RC Bellinzona	W	00:35:29.3
5	249 Jakupi Oberti Filloreta	Cresciano	W	00:35:41.3
6	49 Erbetta Fabiola	RCB	W	00:36:04.4
7	176 Di Pietro Natascia	Lodrino	W	00:38:24.5
8	30 Cimarolli Malvina	Manor Bellinzona	W	00:44:21.2
9	18 Bronz Chiara	Bellinzona	W	00:45:26.4
10	70 Kuvic Marijola	Manor Bellinzona	W	00:49:49.9
11	45 Dioli Stanemir Ionela Alina	Manor Bellinzona	W	00:50:17.1

M20

1	90 Nogara Stefano	Atl. Centro Lario	M20	00:24:58.6
2	131 Mignami Ferdinando	Cus de Laghi, I-Porto Ceresio;M20;	00:25:04.8;00:00:06	
3	156 Gioia Giuseppe	Tommyg	M20	00:26:52.2
4	251 Tettamanti Stefano	Tommy sport	M20	00:26:57.3
5	116 Stapanoni Leonida	USC Capriaschese	M20	00:27:18.5

6	100 Rodrigues Telmo	Moesa Runners	M20	00:27:45.4
7	43 Delprete Pascal	Dino	M20	00:28:20.0
8	151 Oliva Loris	GAD Dongio	M20	00:28:24.6
9	107 Sboarina Gabriele	RCB	M20	00:28:43.8
10	75 Leoni Alan	Bellinzona	M20	00:29:13.3
11	147 Calabresi Nicola	Giubiasco	M20	00:29:26.8
12	27 Cassai Massimo		M20	00:30:33.4
13	169 Leonardi Claudio	Nello Sport	M20	00:30:47.2
14	77 Lerch Alfred	Bellinzona	M20	00:30:54.3
15	139 Berini Paolo	Futura	M20	00:31:01.0
16	35 Cutunic Mateo	Lugano	M20	00:31:01.8
17	193 Salvini Damiano	Vigor Ligornetto	M20	00:31:02.6
18	262 Nava Andrea	La Vedova	M20	00:31:03.4
19	195 Schaer Davide	Giubiasco	M20	00:31:11.0
20	204 Demarchi Boris	Riazzino	M20	00:31:12.3
21	183 Kuster Simon	Thalwil	M20	00:31:20.9
22	168 Utrero Gonzalez Victor	RCB	M20	00:31:31.9
23	244 Ammirati Filippo	SAM Massagno	M20	00:31:32.9
24	182 Guzzi Alessio	Jamaica	M20	00:31:37.1
25	63 Graf Cristoforo	Manor Bellinzona	M20	00:31:44.0
26	11 Bonalumi Matteo	Zurigo	M20	00:32:14.3
27	21 Buzzi Roberto	Team Caminada	M20	00:32:35.5
28	109 Scarpino Enea	Agno	M20	00:32:39.2
29	111 Sella Francesco	Verbania (I)	M20	00:32:40.9
30	101 Rosario David	SAL Lugano	M20	00:32:41.9
31	53 Fonti Christian	Lugano	M20	00:32:43.3
32	31 Cippà Floriano	RCB	M20	00:32:47.8
33	67 Ippolito Nicolò	Thai boxing Bellinzona	M20	00:32:57.6
34	44 Desiderio Gianluca	Porlezza (I)	M20	00:34:32.2
35	80 Manni Davide	AS Monteceneri	M20	00:34:33.8
36	243 Schirò Luigi	Cadenazzo	M20	00:34:55.3
37	194 Castioni Andrea	SAB	M20	00:34:59.4
38	108 Sboarina Ivan	Manor Bellinzona	M20	00:35:09.2
39	218 Sanseigne Nicolas	RCB	M20	00:36:07.5
40	76 Lepori Danilo	Claro	M20	00:36:44.3
41	4 Bassetti Simone	SSCB	M20	00:37:29.5
42	241 Campana Maurizio	Cadro	M20	00:39:32.4
43	206 Masetti Alessandro	Lugano	M20	00:39:33.2
44	135 Lombardo Eros	Bellinzona	M20	00:42:50.6
45	130 Pedrazzoli Athos	Bellinzona	M20	00:43:11.2
46	64 Grieco Marco	Manor Bellinzona	M20	00:44:24.9
47	47 Dotta Mauro	Airolo	M20	00:45:26.9

U20W

1	208 Borgna Franca	SFG Biasca	U20W	00:25:49.1
2	209 Fernandes Sara	Manor Bellinzona	U20W	00:29:45.6

U20M

1	207 Delorenzi Roberto	USC Capriaschese	U20M	00:19:04.5
2	230 Scesa Luca	GS Genzianella	U20M	00:19:29.5
3	225 Besomi Jonathan	USC	U20M	00:20:17.9
4	224 Rudschuck Brian	Nello Sport	U20M	00:21:42.1